

## About Dr. Craig Martin

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Dr. Craig Martin, known to most as "Dr. Craig," is a spiritual counselor, relationship expert, and author of *Elemental Love Styles: Find Compatibility and Create a Lasting Relationship*.

He provides counseling based on astrology and his lifetime of studying worldwide spiritual practices like The Kabbalah, Druidic Mysticism, the Norse Ruins, Native American Shamanism and other ritual ceremonies.

"I've immersed myself in many spiritual practices and I have always learned great lessons, whether it's about stillness or joy or renunciation. I continue to find tangible pearls of spiritual insights from every culture," explains Dr. Craig.

In

his work he focuses on teaching self-awareness, acceptance and love in a simple way. He helps people realize that introspection doesn't need to be difficult - but it is needed - to build great relationships in all aspects of your life.

Dr.

Craig developed his unique method of counseling by combining his experience as a homeopathic doctor with his extensive knowledge of astrology. "Everyone has their own personal dilemma to solve and their own healing process to unfold to create the foundation that's needed to nurture all relationships," says Dr. Craig. He focuses on helping both individuals and couples achieve clarity and balance through self-discovery.

In *Elemental Love Styles*

people find and understand their deeper needs through the four natural elements which represent the human personality types: Fire (creative and enthusiastic), Air (communicative and social), Water (emotional and intuitive) and Earth (practical and grounded). Dr. Craig designed the elemental system to determine deeper love needs based on psychological types. Through in-depth explanations of each, questionnaires, real life scenarios and a break down of how the elemental types relate to one another, people are able to rejuvenate their relationships.

"Love,

honesty and inner growth are why we are here and what all relationships require. We want to feel that we are continuously becoming better people," says Dr. Craig. Helping people achieve this common goal is what motivates him to share his messages.

Dr.

Craig resides in Los Angeles with his partner Dan. When he isn't counseling or writing he enjoys hiking, cooking and reading.